INTRODUCTION

# Message From Our Manager

Welcome to our spring newsletter. As the season begins to change, it has been lovely to see the home come to life with a range of activities and events. The lighter days and improving weather have brought a positive energy, with residents enjoying both time indoors and opportunities to get out and about.

We continue to focus on creating a welcoming and engaging environment, where residents can take part in activities that suit their interests and abilities. I would like to thank our staff for their continued hard work and our families for their ongoing support.

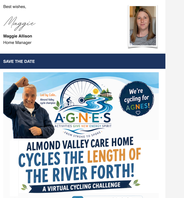
If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign Up

Best wishes,

**Maggie Allison**
Home Manager

SAVE THE DATE




RECENT ACTIVITIES

# Gardening Club

Our gardening club is now underway, with residents taking part in planting seeds and preparing outdoor spaces after the winter months.

These sessions provide a calm and purposeful activity, with residents enjoying the chance to be involved in caring for the garden. We look forward to seeing the results of their efforts as the season progresses.

# Keeping Entertained

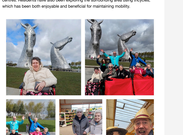
Our social evenings continue to be a regular part of life at Almond Valley. Music nights and games evenings have been well attended, offering opportunities for residents to relax and enjoy themselves.

The men's club has also been meeting regularly, with snooker proving to be a popular activity. Family social evenings have provided a chance for loved ones to join in, helping to strengthen connections and create a welcoming atmosphere.

# Out and About

With the start of the new season, outings have resumed, giving residents the opportunity to enjoy time in the community.

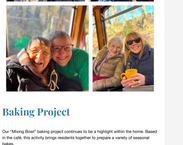
Recent trips have included canal outings, visits to the Kelpies and local garden centres. Residents have also been exploring the surrounding area using tricycles, which has been both enjoyable and beneficial for maintaining mobility.

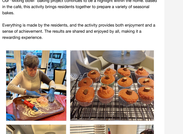


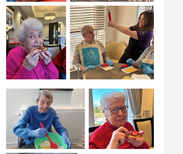
# Baking Project

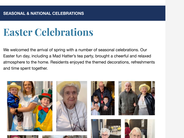
Our "Mixing Bowl" baking project continues to be a highlight within the home. Based in the café, this activity brings residents together to prepare a variety of seasonal bakes.

Everything is made by the residents, and the activity provides both enjoyment and a sense of achievement. The results are shared and enjoyed by all, making it a rewarding experience.





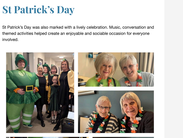


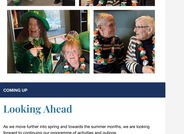


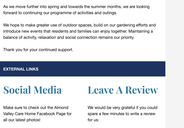

SEASONAL & NATIONAL CELEBRATIONS

# Easter Celebrations

We welcomed the arrival of spring with a number of seasonal celebrations. Our Easter fun day, including a Mad Hatter's tea party, brought a cheerful and relaxed atmosphere to the home. Residents enjoyed the themed decorations, refreshments and time spent together.







# St Patrick's Day

St Patrick's Day was also marked with a lively celebration. Music, conversation and themed activities helped create an enjoyable and sociable occasion for everyone involved.

COMING UP

# Looking Ahead

As we move further into spring and towards the summer months, we are looking forward to continuing our programme of activities and outings.

We hope to make greater use of outdoor spaces, build on our gardening efforts and introduce new events that residents and families can enjoy together. Maintaining a balance of activity, relaxation and social connection remains our priority.

Thank you for your continued support.

EXTERNAL LINKS

# Social Media

Make sure to check out the Almond Valley Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

# Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us.

Carehome.co.uk & Google Reviews

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