

A WARM WELCOME TO OUR SUMMER 2025

Quarterly Newsletter



Welcome To Our Newsletter

Summer is here, bringing plenty of sunshine, smiles, and special moments to share. In this issue, we'll take a look back at some of the fun we've had so far and share what's coming up. We hope this newsletter adds a little extra joy to your day.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

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Best wishes,

Maggie

Maggie Allison
Home Manager



VE Day with Friends and Family



Special Celebrations

We began May by preparing to celebrate VE Day with homemade decorations. We enjoyed an afternoon of traditional dress-up, wartime songs, and a joyful street-style party gathering in the café, complete with Victoria sandwich muffins, tea, and charming decorations of bunting, florals, and themed tableware.



Mens Club Trip to Mill Farm



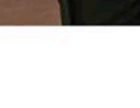
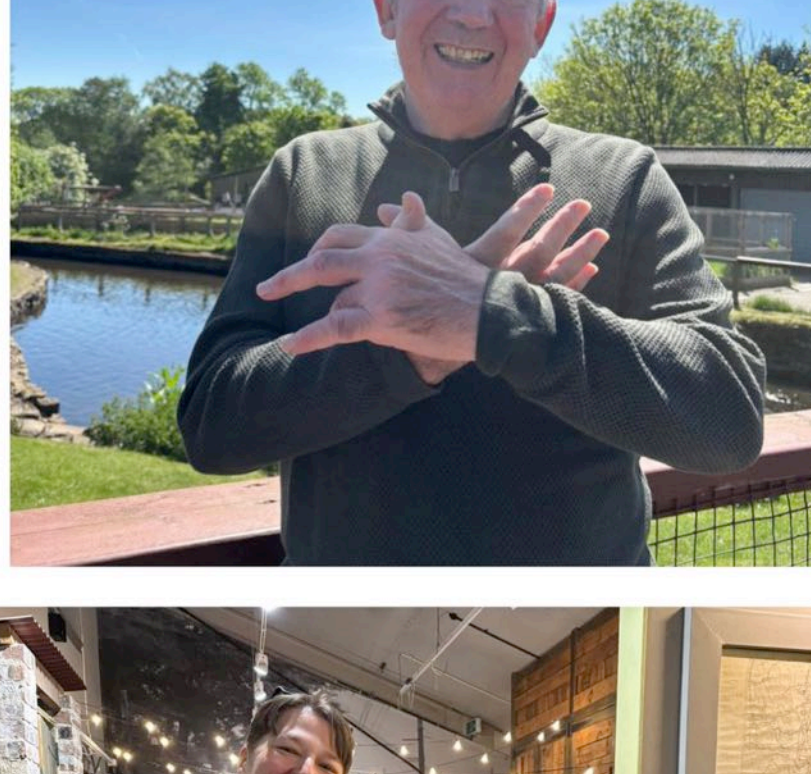
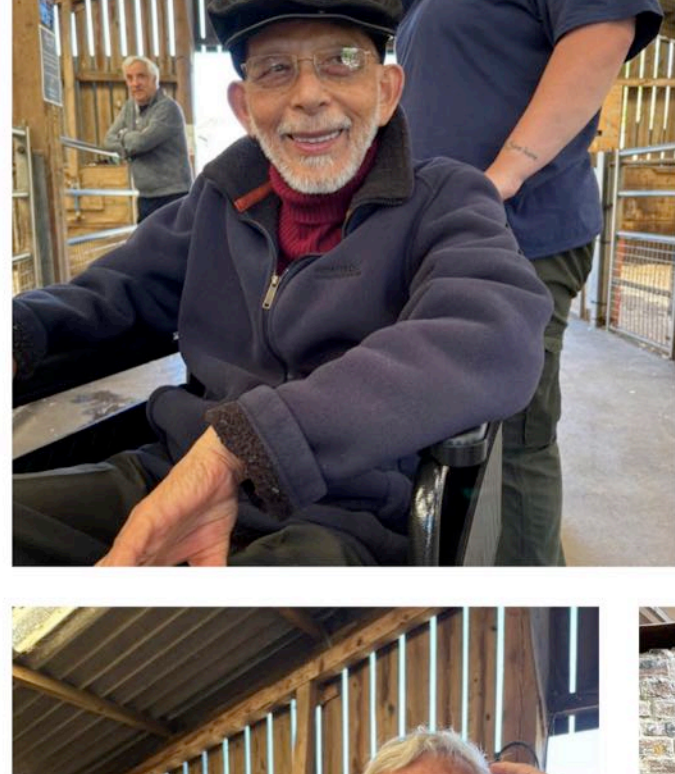
Meaningful Activities

Our recent outing to Mill Farm Heritage Centre was a great success, with a day filled with laughter, memories, and genuine enjoyment for everyone involved.

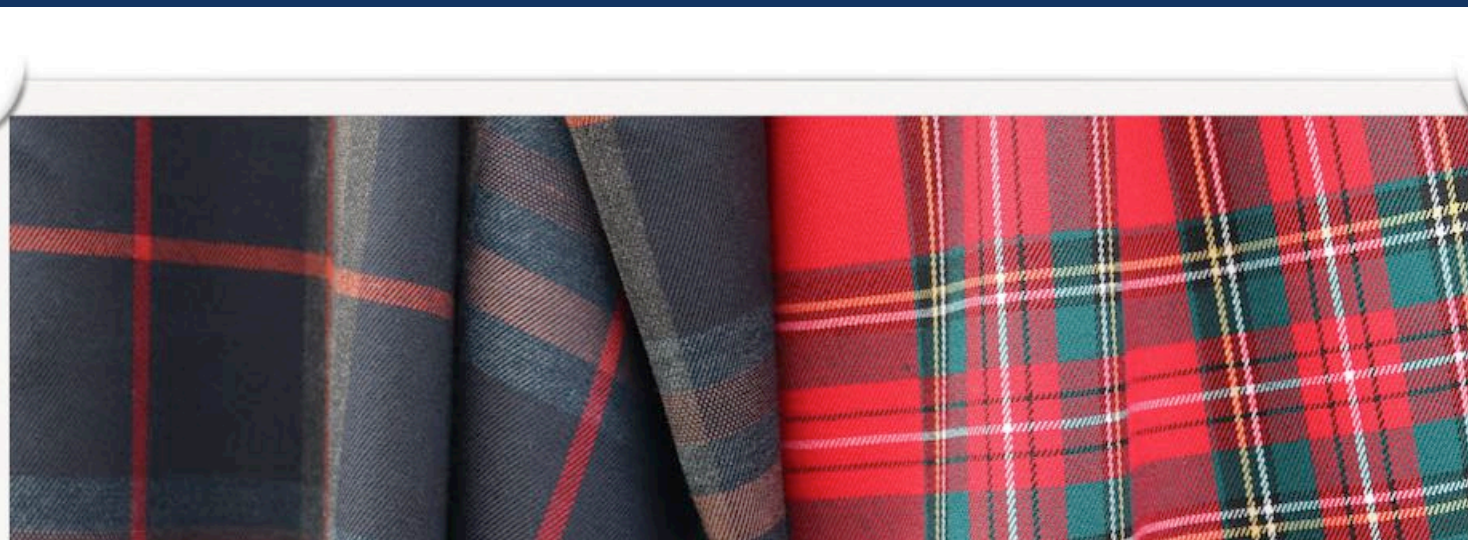
From the scenic bus journey through the countryside to the warm welcome at the farm, the men were in great spirits. Many enjoyed exploring the old machinery and heritage displays, sparking memories of their own pasts with stories from their younger days.

We found the perfect spot outdoors and shared a traditional picnic of sandwiches, pies, sausage rolls, and cake, with plenty of tea to go around. The relaxed atmosphere made it easy for the men to chat, reminisce, and simply enjoy each other's company.

After lunch, the group took part in a gentle bonding session, sharing stories, laughs, and a few heartfelt reflections. The conversations were rich, and the sense of connection among the group was clear.

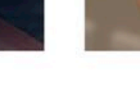
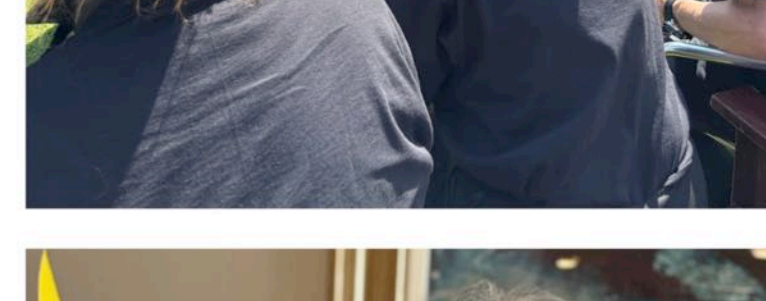
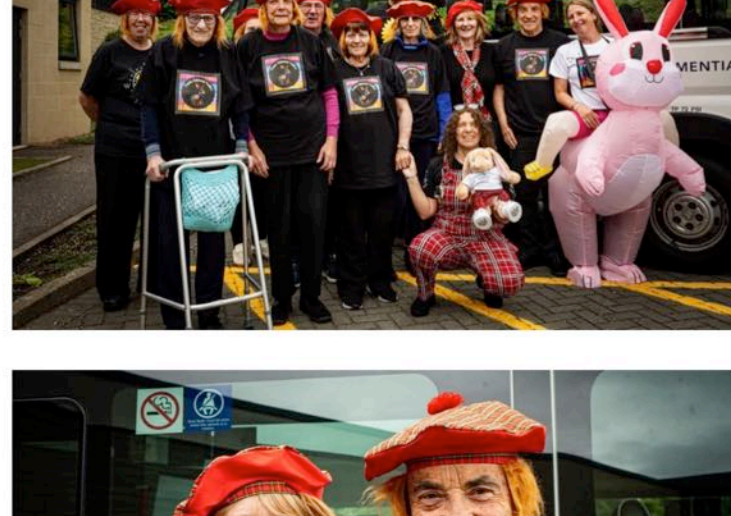


The CCG Highland Games

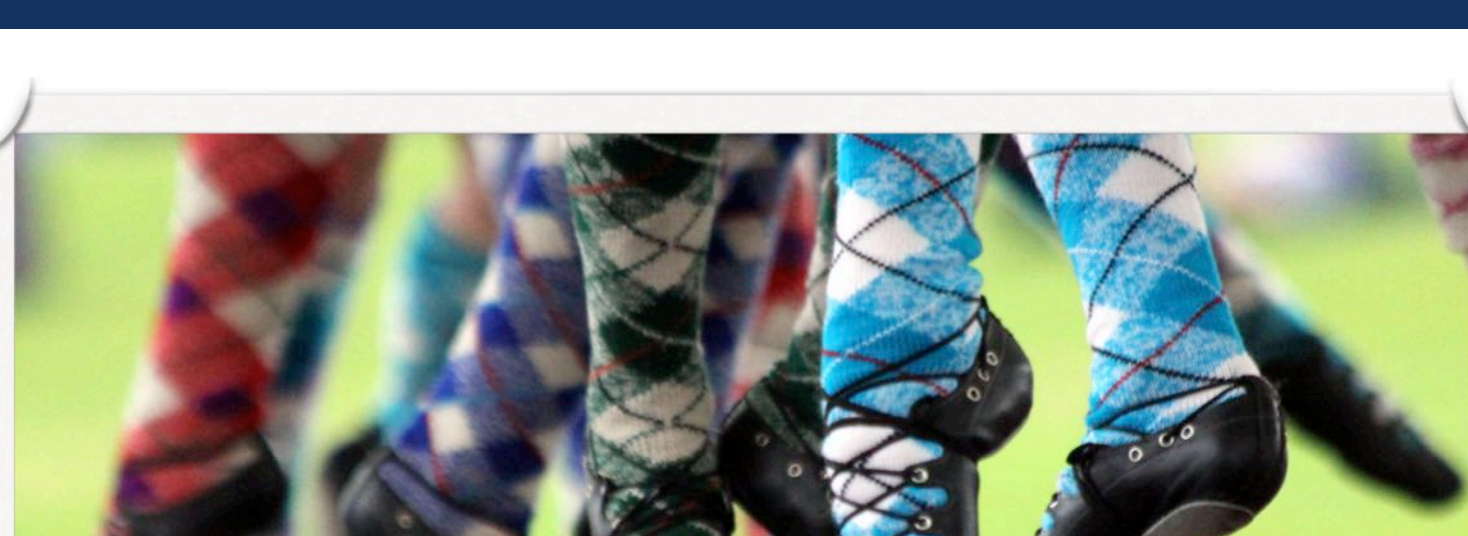


Fun & Games

We had great success at the CCG Highland Games on 30th May at Manor Grange. This event brought together nine care homes for a fun-filled day that promoted social, physical, and mental wellbeing for our older generation. With exciting activities like haggis toss, axe throwing, whisky tumbler stacking, stone rolling, and hook-a-duck, the event encouraged friendly competition, teamwork, participation, and a true sense of achievement. It was a wonderful opportunity to build inter-care home relationships, make new friendships, and create lasting memories in a vibrant, supportive atmosphere.



Dates for the Diary



Looking Ahead...

Next year, Almond Valley will host the CCG Highland Games event, which promotes socialising between care homes as part of an inter-care home challenge. The event will begin in March for ten weeks, featuring a variety of physical activity challenges for each care home to participate in. This is a team-building exercise aimed at creating a Highland Games team to take to the final.

Then in May, at the end of the ten-week challenge, each home will come together for the Highland Games event, including axe throwing, haggis toss, whisky tumbler stacking, hook-a-duck, and stone roll.

Our next relatives' meeting will be in July 2025, with the date to be confirmed.



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